

Disaster Emotional and Spiritual Care Academy

March 25-26, 2020

Tulsa, Oklahoma



Wednesday, March 25, 2020

Location: First United Methodist Church
1115 S. Boulder Ave W., Tulsa, OK

Psychological First Aid: Faith Leaders Edition

(PFA plus a bonus module designed for faith leaders)

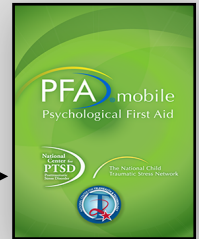
8:30 am - 5 pm

Cost: This class is **free**.
You may order a box lunch to be served onsite for \$10 (payable at the training)

Click [HERE](#) to register or go to crisiscareministries.net
Registration Deadline: Noon, Tuesday, March 24

PFA is an evidence-informed modular approach designed to reduce distress caused by traumatic events and to foster short- and long-term functioning and coping. PFA offers general knowledge and skills development. **This Course** includes the standard PFA curriculum plus a separate module with Disaster 101 and information designed for faith leaders.

NOTE: This course will be taught using the free PFA smartphone app! Please download this app prior to the training. Find it at your app store or this link: <https://www.nctsn.org/resources/pfa-mobile> If you do not have access to this app and need alternate paper resources, please indicate so on your registration.



Thursday, March 26, 2020

Location: First United Methodist Church
1115 S. Boulder Ave W., Tulsa, OK

QPR

(Suicide prevention)

8:30 am - 10 am

Cost: This class is **free**.

Click [HERE](#) to register or go to crisiscareministries.net
Registration Deadline: Noon, Tuesday, March 24

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Intermediate Disaster Emotional and Spiritual Care

Note: Psychological First Aid: Faith Leaders Edition is pre-requisite for this training.

10 am - 2:30 pm

Cost: This class is **free**.
You may order a box lunch to be served onsite for \$10 (payable at the training)

Click [HERE](#) to register or go to crisiscareministries.net
Registration Deadline: Noon, Tuesday, March 24

This course includes practical information and ideas to help those facing the unique emotional and spiritual challenges that accompany disasters in long-term recovery. Content includes the long-term stages of trauma recovery, religious and cultural competence, and additional skills for personal resiliency.

Disaster Long-Term Recovery Group Emotional and Spiritual Care Leadership

Note: "Psychological First Aid: Faith Leaders Edition" and "Intermediate Disaster Emotional & Spiritual Care" are pre-requisite for this training.

2:45 pm - 5 pm

Cost: This class is **free**.

Click [HERE](#) to register or go to crisiscareministries.net
Registration Deadline: Noon, Tuesday, March 24

Description: This training is designed for designated long-term recovery group "thought leaders" in disaster-related emotional and spiritual care. Attendees will learn best practices in leading their long-term recovery group's emotional and spiritual care response including stages of trauma recovery, national standards for care, practical resources for crisis referrals, and other tips for serving as advocates for the role of emotional and spiritual care within long-term recovery groups.

For More Information Contact:
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crisiscareministries@gmail.com

Crisis Care Ministries, LLC, is responding to the 2019 Oklahoma storms and flooding by providing local community leaders new skills to assist the emotional and spiritual recovery of their disaster-affected communities. CCM is a member of Oklahoma VOAD.

www.crisiscareministries.net