

OBJECTIVES

- *Identify the various art forms for spiritual healing including sculpture, images, labyrinth, and meditative movement*
- *Determine a spiritual practice for personal use*

Your Comfort

The temperature of meeting rooms cannot be regulated to meet everyone's needs. Please dress accordingly for your body temperature. Conference room chairs usually are very uncomfortable for a full day of sitting. Please bring a cushion or small step stool as needed to promote your comfort level. If you have special dietary needs, please provide your special foods.

Continuing Nursing Education Information

FCNA OK is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course is approved for eight contact hours applicable for APRN, RN, LPN, or LMHT licensure. Kansas State Board of Nursing provider number:LT0297-0316. KAR 60-7-107(b)(3)(C)Speakers

Planning Committee

Angie Tomlinson, RN, Chair, Donna Clark, RN, Glenda Bronson, RN, BS, Laura Miller, RN, BS, Cindy Clark, RN, Genie Ford, RN, MSN, Tamera Hughes, RN, Lana Bolhouse, RN, PhD, and Marilyn Seiler RN-BC, MS. Brochure, designed by Pennie Works Studio, is available on FCNA OK website: www.fcnaok.org



FCNAOK@GMAIL.COM / 405-458-9035

Faith Community Nurses Association of
Oklahoma presents the 13th Annual Conference

HEALING THROUGH THE ARTS: *A Collage* MARCH 6, 2020 CROSSINGS COMMUNITY CENTER 10255 North Pennsylvania Avenue, Oklahoma City OK



AGENDA

(N.B. no formal breaks)

- 8:15-8:30** Opening and Speaker Introduction; *Lana Bolhouse*
- 8:30-9:30** Spiritual Impact Of The Role of the Arts In Healing and Spiritual Benefits of Music for Healing; *Mary Diane Steltenkamp*
- 9:30-10:00** Spiritual Benefits of Tai Chi and Yoga for Healing; *Donna Clark*
- 10:00-10:45** Introduction to the Labyrinth and Its Spiritual Benefits for Healing; *Diane Rudebock*
- 10:45-11:45** Where Would You Be At the table? Using Images for Healing; *Mary Diane Steltenkamp*
- 11:45-12:45** Lunch, visit Reflection Room, prizes for School Poetry Contest
- 12:45-1:00** Deceased Nurses Tribute
- 1:00-2:30** Sculpture for Healing; *Bob Willis*
- 2:30-3:30** Using Dance for Healing; *Joelle Volpe*
- 3:30-4:00** Closing Prayer, Evaluations

SPEAKERS



Lana Bolhouse, Ph.D. RN, FCN. Faith Community Nurse, Spring Creek Baptist Church, Oklahoma City. (Grand)Mother, Nurse, Widow, Perpetual Student, Counselor.



Donna Clark, RN, FCN. Faith Community Nurse, First Christian Church of Edmond, OK. Donna says she looks for ways to help her congregation come together and stay healthy. Tai Chi has been a great avenue that has worked well in her church.



Denise McGough, RN, M.Ed, FCN, FCN at Skyline Urban Ministry, Oklahoma City. A FCN committed to empowering the well-being of people spiritually, physically and emotionally.



C. Diane Rudebock, Ed.D., RN, CHTP, SD, Professor Emerita, University of Central Oklahoma. Registered Nurse. Certified Labyrinth Facilitator. Spiritual Director. Certified Healing Touch Practitioner. Trained Parker Palmer Facilitator. Wife, Mom, Daughter, Friend.



Mary Diane Steltenkamp, RN, MAPM, FCN. Mary Diane served as Priests' Nurse for the Archdiocese of Oklahoma City from 2013-2018. She has been a Spiritual Director since 1986 and is the Coordinator of the Spiritual Director Formation Program for the Archdiocese of Oklahoma City. Mary Diane is a retreat facilitator and a presenter on issues of health and spirituality.



Joelle Volpe is a homeschooling mother of six. She has had dance training since she was 3 years old. Joelle has 20+ years of choreography experience for cheerleading competitions, musicals, recitals, pageants, and choir performances. Joelle Volpe has been giving motivational talks relating to the spiritual benefits of dance for the last 6 years



Bob Willis, is a specialist in the areas of grief, loss and caregiving issues. He is also an author and sculptor. His background includes 18 years as a Baptist minister, 16 years as a Hospice Bereavement Counselor, and over 20 years as a sculptor.

OTHER DETAILS

Table Decorations

Provided as a poetry project/contest of the Catholic Schools of the Archdiocese of Oklahoma. Categories include K-5th grade, 6-8th grade, and high school. Winners in each category serve as the table decorations for the conference. Awards will be presented during the conference.

(continues on reverse)

REGISTRATION INFORMATION

Register online through Survey Monkey: <https://www.surveymonkey.com/r/2LWSM2P> or complete and detach coupon. Mail it with your check to the address below.

- FCNA OK Member** \$60 for payments received before 2/7/2020 (if renewing FCNA OK membership at this time, please indicate and pay \$65 more). 2/8-2/21 \$85; 2/22 and later \$105
- Non FCNA OK Member** \$90 for payments received before 2/7/2020. 2/8-2/21 \$120; 2/22 and later \$135
- Nursing students** \$60
- Clergy** \$65 for payments received before 2/7/2020. 2/8-2/22 \$90; 2/22 and later \$110.

Payment

PayPal.me/FCNAOK **or** make checks payable to FCNA OK

Attn: FCNA OK Treasurer, Attn: Lana Bolhouse, 14209 SE 75th, Oklahoma City, OK 73150

- I need an invoice/paid receipt. Invoices/paid receipts will be sent 4-6 weeks after registering.
- I require special accommodations. _____
- I will eat the furnished meal.

Total amount paid \$ _____

NAME(S) _____

ADDRESS _____

PHONE _____

EMAIL _____

CHURCH/CONGREGATION _____